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LABORATORY REPORT

on
 HERBS & SPICES

Date: 17/10/2023
 BVAQ Ref: BVAQV23098795
 Report No: 5453167
 Final

FOR: FOREST SUPER FOODS



3796

Angela Gioffre

Date received: 3/10/2023

Order Number:

Origin:

Code/Ref: Reishi Mushrooms

Package Type:

Temperature on receipt: Ambient

TEST	RESULTS	METHOD N
28SEP23/19127183		
Client ID: 4. REISHI		
Moisture	1.8 g/100g	MOIS 08 06.93
Fat	5.3 g/100g	FATS 11 03.99
Protein (TN x 6.25)	17.6 g/100g	PROT 01 02.01
Ash	3.6 g/100g	ASHS 04 04.93
Energy Value	1420 kJ/100g	ENER 01 12.01
Total Carbohydrate [m/m]	39.2 g/100g	TCAR 01 07.93
Saturated Fat	1.3 g/100g	FAME 04 05.05
Mono Unsaturated Fat	2.3 g/100g	FAME 04 05.05
Poly Unsaturated Fat	1.7 g/100g	FAME 04 05.05
Trans Fat	<0.1 g/100g	FAME 04 05.05
Dietary Fibre (AOAC)	32.5 g/100g	DIET 02 03.93
Total Sugars	15.2 g/100g	SUGA 01 04.93
Sodium	3.2 mg/100g	MICP 01 04.06
Mercury	<0.01 mg/kg	ICPM030611
Cadmium	<0.01 mg/kg	ICPM010611
Lead	0.014 mg/kg	ICPM010611
Arsenic	0.44 mg/kg	ICPM010611

Allan Gunn
 Authorised Signatory

Testing services are subject to BVAQ terms and conditions.

All information describing the submitted sample has been supplied by the client

NATA ACCREDITED LABORATORY
 Numbers - 345
 Sample(s) tested as received

Measurement Uncertainty (MU) data can be found on BVAQ Live at
<http://www.bvaq.com>.
 Please note that the MU provided is indicative for general matrices
 and analytes only.