



BVAQ Pty Ltd ABN 30 004 319 171
 Corporate Office 3/63-71 Boundary Road North Melbourne Vic 3051
<http://www.bvaq.com> P:+61 3 8371 7600 F: +61 3 9372 2013
 Chemistry Laboratory 52-58 Mark Street North Melbourne Vic 3051
 Microbiology, FACTA & MAS Laboratory 5/352 Macaulay Road Kensington VIC 3031
 Seeds Laboratory 3-5 Liliec Crescent Tullamarine VIC 3043 P:+61 3 8318 9024
 QLD Microbiology Laboratory 10/655 Toohy Road, Salisbury QLD, 4107 P:+61 7 3426 9750
 NSW Microbiology Laboratory 3 Gateway Business Park 63-79 Parramatta Rd Silverwater NSW 2128
 P:+61 2 8007 7447

LABORATORY REPORT

on
 HERBS & SPICES

Date: 17/10/2023
 BVAQ Ref: BVAQV23098794
 Report No: 5453168
 Final

FOR: FOREST SUPER FOODS



3796

Angela Gioffre

Date received: 3/10/2023

Order Number:

Origin:

Code/Ref: Turkey Tail Mushrooms

Package Type:

Temperature on receipt: Ambient

| TEST | RESULTS | METHOD N |
|--------------------------|--------------------------|---------------|
| 28SEP23/19127182 | | |
| Client ID: | 3. TURKEY TAIL MUSHROOMS | |
| Moisture | 3.1 g/100g | MOIS 08 06.93 |
| Fat | 4.7 g/100g | FATS 11 03.99 |
| Protein (TN x 6.25) | 15.6 g/100g | PROT 01 02.01 |
| Ash | 3.7 g/100g | ASHS 04 04.93 |
| Energy Value | 1510 kJ/100g | ENER 01 12.01 |
| Total Carbohydrate [m/m] | 54.2 g/100g | TCAR 01 07.93 |
| Saturated Fat | 1.4 g/100g | FAME 04 05.05 |
| Mono Unsaturated Fat | 1.4 g/100g | FAME 04 05.05 |
| Poly Unsaturated Fat | 1.8 g/100g | FAME 04 05.05 |
| Trans Fat | <0.1 g/100g | FAME 04 05.05 |
| Dietary Fibre (AOAC) | 18.7 g/100g | DIET 02 03.93 |
| Total Sugars | 18.9 g/100g | SUGA 01 04.93 |
| Sodium | 3.2 mg/100g | MICP 01 04.06 |
| Mercury | <0.01 mg/kg | ICPM030611 |
| Cadmium | <0.01 mg/kg | ICPM010611 |
| Lead | <0.01 mg/kg | ICPM010611 |
| Arsenic | 0.34 mg/kg | ICPM010611 |

Allan Gunn
 Authorised Signatory

Testing services are subject to BVAQ terms and conditions.

All information describing the submitted sample has been supplied by the client

NATA ACCREDITED LABORATORY
 Numbers - 345
 Sample(s) tested as received

Measurement Uncertainty (MU) data can be found on BVAQ Live at
<http://www.bvaq.com>.
 Please note that the MU provided is indicative for general matrices
 and analytes only.